

# — Life-Threatening Allergies —

Anaphylaxis is a severe, life-threatening allergic reaction that, if not treated, can very quickly lead to death. It occurs when a susceptible individual eats foods, is stung by an insect or is given medication to which he/she is allergic. Anaphylaxis affects multiple systems in the body. The most dangerous reactions result in breathing difficulties, a drop in blood pressure or shock, which are all potentially fatal.

Recreation Program staff and parents are responsible for creating safe and healthy environments for children. This is an additional challenge for programs attended by children with allergies, especially life-threatening ones. While it is impossible to create a risk-free environment, Recreation staff and parents can take important steps to minimize potentially fatal allergic reactions. As there are implications for the whole centre, not just individual program rooms, it is especially important that parents communicate a life threatening allergy to staff as soon as they are aware of it, so that steps to create accurate records and appropriate staff training can take place.

The Town of Richmond Hill is **NUTS** about safety and takes a vested interest in all of our participants. Due to the number of our participants with nut-related allergies, peanut butter, nuts and all foods containing nut by-products **ARE NOT PERMITTED IN TOWN FACILITIES.**

We, in the Parks, Recreation & Culture Department, do our very best to communicate information about individuals with life-threatening allergies to our Program Instructors and participants.

If you or your child has a life-threatening allergy, please complete the section under **MEDICATION/ALLERGIES** on the registration form.

If you are registering over the Internet or via Touch Tone Registration, please be advised that there is no way of indicating any allergies or special conditions on these systems. Please complete the bottom portion of this page and hand it in to the Reception staff at your nearest community centre or **FAX IT TO OUR MAIN OFFICE AT (905)771-2481**, so that the information on your account can be updated.

**THIS INFORMATION WILL REMAIN IN OUR SYSTEM FOR FUTURE REGISTRATIONS.**

**YOU NEED ONLY TO DO THIS ONCE,  
AS THE INFORMATION WILL REMAIN IN OUR SYSTEM  
FOR FUTURE REGISTRATIONS.**

NAME OF PARTICIPANT: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

USES EPI PEN: YES  NO

EPI PEN IS CARRIED BY: \_\_\_\_\_

OTHER MEDICATION OR SPECIAL CONDITIONS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

