

Richmond Hill encourages individuals with disabilities to participate in recreation and culture programs at a level of participation suitable to his/her ability, support needs, program choice and facility access.



How do I register for an individual with disabilities?

1. Look through the current Community Recreation Guide for programs that are of interest and that are suitable.
2. Contact **Integration Services at 905 884 0855, ext. 226, at least two weeks prior to the registration start dates** to discuss registration plans and support options.
3. Register for the program using any of the registration methods. Call Integration Services to confirm registration and support requirements.

A participant requires extra support if...

- extra support is required at school;
- a disability exists that could affect the safety of the participant or other participants;
- extra support is required at home for basic care; and
- the participant is currently associated with a support agency and/or program.

3. A limited number of Integration Counsellors are on staff to provide 1:1 support in various programs. These support staff are available at a cost of approximately \$10.25 per hour in addition to the course registration fee.

Please understand that Richmond Hill will do its best to find support for you if required; however, it is not guaranteed that a Leisure Buddy Volunteer or Integration Counsellor for the time and day of the program you request will be secured.

Support Options:

1. You may provide the one-on-one support yourself in the form of a family member, friend or trained support/social worker.
2. You may request volunteer support. Leisure Buddy Volunteers are primarily students volunteering their time and may not necessarily have experience working with individuals with special needs.

Funding

Parents of children with disabilities may be eligible to receive *Special Services at Home* funding through the *Ministry of Community & Social Services*. Please call **905 868 8900** for information.

IMPORTANT INFORMATION:

If you or the person you are registering has a disability, a medical condition or a life-threatening allergy, please include that information on your **Registration Form**. Our Internet and phone registration systems do not provide a method to indicate or update information regarding disabilities, medical conditions or life-threatening allergies. To update that information, please fill out a **Life-Threatening Allergies/Medical Conditions Information Form** and return it to your local community centre. Forms are available online at RichmondHill.ca and at all Richmond Hill community centres.

Richmond Hill offers recreational programming, swimming opportunities and fitness equipment for people of all abilities.



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Thank You!

The Community Services Department gratefully acknowledges the financial support of the Richmond Hill Mobility & Accessibility Foundation. The funds provided have enabled the Town to provide additional services and equipment to our residents with disabilities.



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FOUNDATION

Adapted Programs

Children Activities

On the Move

This program is designed for children with disabilities.

Come join in on activities that encourage socializing, moving, playing and having fun! This program is designed to meet developmental, social and sensory needs.

Note: Participants must be able to participate in a 1:2 (staff: participant) ratio.

FALL 2011

Day: Saturday, September 24 (4-week program)

Time: 1 - 2 p.m. **Age:** 4 - 12

Location: Richvale Community Centre

Course Code: 327223 **Cost:** \$40/ 4

Winter 2012

Day: Saturday, January 14, 2012 (4-week program)

Time: 1- 2 p.m. **Age:** 4 - 12

Location: Richvale Community Centre

Course Code: 327226 **Cost:** \$40/ 4

Paint and Play

This program is designed for children with disabilities.

Children will participate in various art activities and can play some active games. It is a great opportunity for interaction and socialization with other children. **Note:** Participants must be able to participate in a 1:2 (staff: participant) ratio.

FALL 2011

Day: Saturday, October 29 (4-week program)

Time: 1 - 2 p.m. **Age:** 4 - 12

Location: Richvale Community Centre

Course Code: 327231 **Cost:** \$40/ 4

Winter 2012

Day: Saturday, February 18, 2012 (4-week program)

Time: 1- 2 p.m. **Age:** 4 - 12

Location: Richvale Community Centre

Course Code: 327232 **Cost:** \$40/ 4

Swimming

Richmond Hill offers swimming opportunities for people of all abilities. Lessons are available in low ratio classes to meet the needs and abilities of all visitors. Please see page 117 in the Aquatics Section for information on our new Adapted Aquatics Program.



We are looking for volunteers for our [NEW Leisure Buddy Adapted Aquatics Program](#). For more information about volunteering with this new initiative, please refer to page 45 of this recreation guide.

Please contact Integration Services at 905 884 0855, ext. 226, prior to registering for any of these programs.

Youth

Youth Specialized Drop-In Programs

Join us for a fun filled evening of socializing and hanging out with other youth. The drop-in program is geared for youth with disabilities and will vary in a combination of passive and active games and include board games, gym games, card games and many more. **Note:** Participants must be able to participate in a 1:4 (staff: participant) ratio.

No registration required! Just drop by to participate. All programs operate on a first come, first serve basis. Spaces are limited. Participants are invited to bring their siblings and friends to join in on the fun.

FALL 2011

Day: Wednesday, September 28, October 26 and November 23

Time: 6 - 7 p.m. **Age:** 13 - 19 **Cost:** \$10/ 1

Location: Richvale Community Centre

Winter 2012

Day: Wednesday, January 25, February 29 and March 28, 2012

Time: 6 - 7 p.m. **Age:** 13 - 19 **Cost:** \$10/ 1

Location: Richvale Community Centre

Adult

Adult Activities Club

This program is geared for young adults who have developmental disabilities. Each week, the group will choose from various activities such as cooking, arts and crafts, music, swimming, bowling, movies and gym games. (**Note:** some activities may have a minimal additional cost). Join the fun, meet new people and experience new things in your community. Participants registered in the Adult Activities Club must be able to participate in a 1:8 (staff: participant) ratio.

FALL 2011

Day: Friday September 23 (8 week program)

Time: 7- 9 p.m. **Age:** 18 - 28

Location: Richvale Community Centre

Course Code: 327233 **Cost:** \$85/ 8

Winter 2012

Day: Friday January 13, 2012 (8 week program)

Time: 7- 9 p.m. **Age:** 18 - 28

Location: Richvale Community Centre

Course Code: 327234 **Cost:** \$85/ 8

Fitness Equipment for Persons with Disabilities

Richmond Hill encourages and supports the participation of individuals with disabilities in our fitness programs. To facilitate opportunities for everyone, Ed Sackfield Fitness Studio offers specialized strength and cardiovascular equipment designed to provide a high level of accessibility.

Available equipment includes: • **Armbike** • **Uppertone Machine** • **MotoMed**



The Richmond Hill Mobility Accessibility Foundation is pleased to provide funding to assist persons with disabilities in purchasing a fitness membership at Ed Sackfield Fitness Studio.
For more information, please call Elaine at the Richmond Hill Mobility Accessibility Foundation at 905 508 4000, ext. 234.