

Family Programs

In this turbulent, fast-paced age, family time away from computers, televisions and phones is more important than ever. The Town offers a variety of programs to help you find fun new ways to spend some quality family time together.



FAMILY STAFF

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Family Badminton

This program is designed for children ages eight and up to participate in badminton with their parent(s) for enjoyment, socialization and exercise. A convener will organize rotations, and family members must bring racquets and birdies. **Note:** The fee is based on cost per person. Each member of the family must register individually. All adults must be accompanied by a child or children.

Langstaff	8+	\$40/ 10	Sat Sep 24	5 p.m. - 7 p.m.	328121
Langstaff	8+	\$40/ 10	Sat Sep 24	7 p.m. - 9 p.m.	328118
Richvale	8+	\$40/ 10	Sun Sep 25	4 p.m. - 6 p.m.	328117
Rouge Woods	8+	\$40/ 10	Fri Sep 23	7 p.m. - 9 p.m.	328116
Rouge Woods	8+	\$40/ 10	Sat Sep 24	4 p.m. - 6 p.m.	328120
Rouge Woods	8+	\$40/ 10	Sat Sep 24	6 p.m. - 8 p.m.	328119
Langstaff	8+	\$36/ 9	Sat Jan 14	5 p.m. - 7 p.m.	328472
Langstaff	8+	\$36/ 9	Sat Jan 14	7 p.m. - 9 p.m.	328469
Richvale	8+	\$32/ 8	Sun Jan 15	4 p.m. - 6 p.m.	328468
Rouge Woods	8+	\$36/ 9	Sat Jan 14	4 p.m. - 6 p.m.	328471
Rouge Woods	8+	\$36/ 9	Sat Jan 14	6 p.m. - 8 p.m.	328470
Rouge Woods	8+	\$32/ 8	Fri Jan 20	7 p.m. - 9 p.m.	328467

Family Basketball

A great form of family exercise. Recreational basketball guaranteed to score some laughter and get you in motion. Teams will be made up each week. **Note:** the fee is based on cost per person. Both adult and child must register individually.

Rouge Woods.	7+	\$30/ 8	Wed Sep 21	7:15 p.m. - 8:15 p.m.	328122
Rouge Woods	7+	\$30/ 8	Sat Jan 14	1 p.m. - 2 p.m.	328474
Rouge Woods	7+	\$30/ 8	Wed Jan 18	7:15 p.m. - 8:15 p.m.	328473

Family Bonfire

Come to Phyllis Rawlinson Park for some campfire stories, songs and roasted marshmallows! Dress warmly and please bring a flashlight for the evening programs.

Phyllis Rawlinson	All Ages	FREE	Fri Sep 30	7 p.m. - 8:30 p.m.	329768
Phyllis Rawlinson	All Ages	FREE	Mon Feb 20	1 p.m. - 3 p.m.	329911

Family Fitness

As a role model for your child/children creating a proper exercise program is beneficial to everyone. Using different exercise equipment to increase your heart rate, this class will allow you to spend time with your family and educate your family about the importance of a healthy lifestyle. Come and enjoy the family fitness challenge! Please note the fee is based on cost per person. Both adult and child must register individually.

Ed Sackfield	6+	\$33/ 9	Sun Sep 25	10:45 a.m. - 11:45 a.m.	326076
Ed Sackfield	6+	\$33/ 9	Sun Jan 15	10:45 a.m. - 11:45 a.m.	326600

Ed Sackfield Arena & Fitness Studio

Family Gingerbread Extravaganza

Have you dreamt of the delicious-looking gingerbread house that Hansel and Gretel have gone to? Don't you wish to be part of this fairy tale? Unleash your dreams here at the fun family workshop. The cost of one registration includes one gingerbread house for one family to decorate. Limited to six family members per registration. Minimum one adult must participate. Please bring along aprons to wear.

Elgin West	All Ages	\$30/ 1	Sun Dec 4	2 p.m. - 4 p.m.	326452
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Family Volleyfit

Enjoy an active night out together while serving up some fun! Practise the basics of volleying, bumping, serving, offensive and defensive techniques. **Note:** The fee is based on cost per person. Each member of the family must register individually. All adults must be accompanied by a child/ren.

Langstaff	8+	\$30/ 8	Wed Sep 21	7 p.m. - 8 p.m.	328124
Langstaff	8+	\$30/ 8	Wed Jan 18	7 p.m. - 8 p.m.	328475

Family Programs

★ Family Yoga

A chance for parents to bond with their children in a healthy non-competitive environment. Yoga is excellent for reducing stress, while increasing strength, flexibility, concentration and balance. Come enjoy this fun time together.

Bond Lake	10+	\$68/ 9	Sat Sep 24	11 a.m. - 12 p.m.	327677
Bayview Hill	10+	\$68/ 9	Sat Jan 7	11 a.m. - 12 p.m.	333417

Bond Lake Arena and Recreation

High and Low Ropes/Climbing Wall - Family

Our twenty-two element dynamic ropes course will be used to foster positive communication, physical challenge and fun. Professionally trained staff will keep participants physically and emotionally engaged as they experience the view 30 feet off the ground! Your family will be engaged in the full challenge course experience, including learning about equipment safety, individual and group goal setting, and debriefing sessions which will allow everyone to get the most of their experience. Come out and play! The fee is based on cost per person.

Eyer Homestead	8+	\$22/ 1	Sun Sep 18	10 a.m. - 12 p.m.	330166
Eyer Homestead	8+	\$22/ 1	Sat Oct 1	1:45 p.m. - 3:45 p.m.	330075

January Thaw

The 'January Thaw' is a well-known weather phenomenon. Come and take advantage of it by hiking and playing with us in one of Richmond Hill's most beautiful parks! Learn about why the thaw happens and how it affects winter-time animals and plants.

Phyllis Rawlinson	All Ages	\$57/ 3	Sun Jan 15	1 p.m. - 2:30 p.m.	329925
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See how beautiful nature can be in the winter with a walk through Phyllis Rawlinson Park.

👑 Princess Tea Party

Bring your storybook dreams to life! This 'once upon a time' tea party is a fairy tale come true with fantasy -filled visits from beautiful princesses complete with a lovely tea party with tasty cookies and treats topped off with our secret 'Fairy Tea' A fun filled afternoon for all ages! **Note:** This is a general admission event. Each member of the family, including adults, must register individually. All children must be accompanied by an adult. Participants with food allergy concerns are welcome to bring a substitution. Senior discount does not apply, full fee required.

McConaghy Centre	2+	\$14/ 1	Sat Mar 10	1 p.m. - 2 p.m.	326445
McConaghy Centre	2+	\$14/ 1	Sat Mar 10	3 p.m. - 4 p.m.	326446

Rock Climbing and Low Ropes - Family

This is the perfect opportunity to learn and grow together as a family as you are introduced to the climbing wall and some of our low ropes elements. Trained staff will lead participants through a variety of different activities that will allow for personal decision making, physical activity, team work and just plain old fun! The climbing wall experience will help prepare you for a more daring and thrilling experience on our other high ropes elements. The Low Ropes elements are designed to engage the entire group in physically supporting each other as they balance and wobble their way to success. The fee is based on cost per person. All participants must register individually.

Eyer Homestead	8+	\$22/ 1	Sat Sep 24	1:45 p.m. - 3:45 p.m.	330081
Eyer Homestead	8+	\$22/ 1	Sun Oct 2	10 a.m. - 12 p.m.	330167

🧘 Yoga For Moms and Babies

This is an opportunity for moms and babies (two - ten months/ not crawling yet) to enjoy this time as you work together through various yoga movements. This is a chance for new moms to take time to stretch, tone and strengthen your body and that of your babies too! Please bring a blanket or towel to class.

Centennial Pool	2-10 mths	\$76/ 9	Mon Sep 19	10:30 a.m. - 11:30 a.m.	326249
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Centennial Pool	2-10 mths	\$76/ 9	Mon Jan 9	10:30 a.m. - 11:30 a.m.	327574
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Make getting active interesting and enjoyable, while encouraging life-long fitness habits.